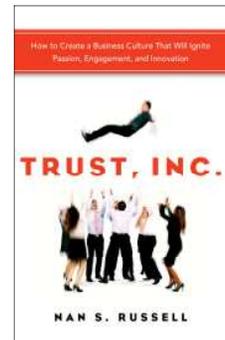


Discussion Questions

Created by the Author, Nan S. Russell

More insights and perspectives can be discovered by discussing concepts from the book in work groups, career book clubs, or professional development circles. If you're interested in having me participate as the author, contact info@nanrussell.com with your request or for more information.



Below are a few questions to start your discussion. Of course, this can also be used as a self-reflective exercise. Writing your responses is often helpful.

1. Trust is a local issue. In a workplace filled with distrust do you think it is possible to create a trust pocket where you work? Why or why not?
2. You can't make people trust you and you can't force engagement. First, you need to have self-trust and be self-engaged. What are some actions you can take immediately to enhance your self-trust and be more self-engaged?
3. One of the critical essentials to creating your Trust, Inc. is – Giving Trust First. What fears do you have about stepping up and choosing to go first?
4. One of the concepts to creating your Trust, Inc. is walk-*your*-talk. What do you stand for? What are willing you bring about at work?
5. What are some of the biggest challenges blocking you from getting the results you want? What are your key take-aways from Trust, Inc. that can help?
6. What limiting beliefs might get in the way of creating your own Trust, Inc.?
7. What does it look like, is a message throughout Trust, Inc. What would it look like to have a trust-pocket where you work? What would you be doing that you're not doing now?
8. When you consider the five trust essentials in Part II - which stand out to you? Why?
9. Which chapter was most beneficial to you? Why?
10. Why did you read this book? Would you recommend it? Why or Why not?

Additional Resources

- More information and resources are available at www.nanrussell.com
- Nan S. Russell's other books: *The Titleless Leader: How to Get Things When You Are Not in Charge* (2012); *Hitting Your Stride: Your Work, Your Way* (2008); *Nibble Your Way to Success: 56 Winning Tips for Taking Charge of Your Career* (2007)