



Contact Info:
Nan S. Russell

406-862-0820

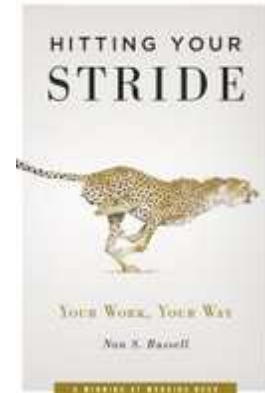
nan@nanrussell.com

Available: Nationwide

Publisher:
Capital Books

Order retail / wholesale:
703-661-1511
Kathleen@Booksintl.com

ISBN:
978-1-933102-56-6



About Nan S. Russell

In 2002, Nan left the corporate world after twenty years in management to pursue a life-dream to work and write from the mountains of northwestern Montana. Today she is the author of two books, a workplace consultant, and motivational speaker. She is also the weekly host of *Work Matters* on webtalkradio.net.

Nan's new book, *Hitting Your Stride: Your Work, Your Way*, was released in January 2008 by Capital Books. And her first book, *Nibble Your Way to Success: 56 Winning Tips for Taking Charge of Your Career* debuted in March 2007.

Her syndicated career insights column, *Winning at Working* (www.winningatworking.com), and her life reflections column, *In the Scheme of Things* (www.intheschemeofthings.com) reach over five million readers. Her work appears in several anthologies including: *Chicken Soup for the Shopper's Soul*, *Cup of Comfort for Weddings*, *Classic Christmas*, and *Letters to my Teachers*.

In 2006, Nan became President of MountainWorks Communications LLC, a company she founded to support her passion for helping organizations build winning work cultures, and helping people bring the best of who they are to the world, realize their dreams, and live their life's potential.

Prior to her move to Montana, Nan spent over twenty years in management holding executive positions in human resources, communication, marketing and line management. She was the architect and influence leader of a culture transformation for 10,000 employees. Her career took her from minimum wage employee to Vice President of multibillion dollar QVC.

In roles transforming a corporate culture to heading a new subsidiary, the launch of which was reported in both the *Wall Street Journal* and *USA Today*, Nan offers real-world experience with a motivational and business context. She has a B.A. from Stanford University and M.A. from the University of Michigan. More about Nan and her work can be found at www.nanrussell.com.