



Resource Index

As you offer the best of who you are to the workplace, uniquely hitting your stride, this resource may be a helpful reminder or guide to aid your journey.

winning at working \ *philosophy.* \ 1. offering the best of who you are to the workplace, with or without climbing the company hierarchy, and being rewarded with interesting work, personal growth, and financial gain 2. igniting your gifts and talents by bringing yourself to work or offering your uniqueness to the world through your work 3. consciously operating with a foundational perspective that when we're all *winning*, we *all* win. 4. see also www.winningatworking.com

hitting your stride \ *verb.* \ 1. your work, your way. 2. what it *looks like* for you to be winning at working. 3. your pace, your talents, your highest you shining through. 4. your uniqueness applied with ease and grace

Foundational Philosophies

These philosophies encompass the definition of what it means to be winning at working:

- *How* you do what you do matters
- You get what *you* give
- Offering the best of who you are
- Your work, your way
- Living your life's potential
- Inventing your future
- When we're all winning, we all win

Ten Winning at Working Philosophies

Concepts and actions that support a winning at working philosophy ...

1. Creating Your Own Luck

Initiative
Uncommon Practice
Personal Brand Building
Be a Doer
And Then Some
Taking Your Words Seriously
Take It or Leave It ... But Get It
Those Little Things
Determination and Discipline
Your ROI
Ego-Detached
A Bit of Polyanna
Your ROI

2. Don't Be Blowing in the Wind

Make an Appointment with Yourself
Read. Read. Read. Read. Read.
Cultivate a Beginner's Mind
Crystallize and Distill
Quiet Your Mind When You Listen
Stay Off The Path of Least Resistance
Doing the right thing
Courage to Ask
Courage to Tell
Courage to Leave

3. Seeing the Elephant

Aligning your actions
Changing your language
Connecting the Dots
Increasing your perspective
Growing new eyes
Defining your purpose
Thinking Big Team

4. The Stories You Tell

Your Story Factor
Planting Seeds
Company Ears
Cross-Pollination
Think Loudspeaker
Think Reckless Driving
Think Intent
Think Yellow Light
Think Choice
Think Lenses
Think Legacy
Think Power
Think Heart & Truth
Think Vision

5. It's Not About You

Staying a player
Comfort-line
Money-line
Time-line
Just in time
Right person for the times
Best there is, at the time
Time out
Waiting it out
Time spent
Saved by time
Changing Times

6. It's All About You

Creating Self-Awareness
Be the egg not the chicken
American Idol Syndrome

Ego-Sizing
Whine Factor
Drainers and Boosters
Touchstones
Your Pond Size
The What and The How
Law of reciprocity
Fueling your Passion

7. Bringing Yourself to Work

Finding your gifts
Offering your gifts
Focusing on your commitments
Know Yourself
Focus on your future
Focus your yardstick
Honoring others gifts

8. A Practice of Trust

Understanding what trust is and isn't
Self-Trust
Broken Trust
Create Your Pocket of Excellence
Give Trust First
Show Up/Authentic Self)
Communicate

9. Shades of Grey

Not Black or White Thinking
Shades of Grey Thinking
Understanding your Intention
Greater Good
Driving Force
Seeing the World
Being Aware of your Expectations

10. Waking Up

Wanting What You Want
Discovering your Work Happiness Factor
Finding What Matters
Defining Your Work

Winning at Working Principles

Guiding basics for winning at working ...

accountability
authenticity
commitment
communication
credibility
courage
desire for greatness
determination
discipline
doing
dream
excellence
honesty
initiative
intention
passion
resilience
respect
self-awareness
service
soul-enhancing
trust

Winning at Working Tips

Honing Your Thinking Muscle	Chapter 2
Increasing Your Perspective	Chapter 3
Thinking Essentials	Chapter 4
Honoring Others' Gifts at Work	Chapter 7
Truths About Trust	Chapter 8
Keys To Building Trust	Chapter 8
Enhancing Shades of Grey Thinking	Chapter 9
Help Identify Intentions Effecting You at Work	Chapter 9

Reflective Exercises

What can I do tomorrow?	Chapter 1
Assess Your Ask Courage	Chapter 2
In the Scheme of Things ... Does It Matter?	Chapter 2
Do You Have Passion in Your Job?	Chapter 2
How Big?	Chapter 3
Storytelling Self-Awareness	Chapter 4
The Stories You Tell	Chapter 4

Believed Then ... Know Now	Chapter 5
Creating Self-Awareness	Chapter 6
Core Philosophies	Chapter 6
How's Your Direction?	Chapter 6
Learning About Yourself – Simple Ways to Ignite Your Connection	Chapter 7
Your Way at Work	Chapter 7
What is Authentic Trust Anyway?	Chapter 8
Are You Showing Up?	Chapter 8
Black or White and Shades of Grey Thinking	Chapter 9
What is Your Intention?	Chapter 9
What Can I Control?	Chapter 9
Is Something Gnawing You?	Chapter 10
My Work Happiness Factor	Chapter 10

Here are some **additional resources** for you:

www.winningatworking.com - Nan's bi-weekly career insights eColumn and podcast

www.webtalkradio.net/content/view/58/30/ - Nan's weekly internet radio show, Work Matters

www.dailyworkvitamin.com - receive a daily dose of inspiration on your cell phone each day

www.intheschemeofthings.com - Nan's monthly life reflections column

www.nanrussell.com - More information about Nan and her services

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