



## About Nan S. Russell

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From minimum wage employee to former Vice President of multi-billion dollar QVC, Nan knows what it takes to survive and thrive in this what-have-you-done-for-me-today world. In roles transforming a corporate culture to heading a new subsidiary, the launch of which was reported in both the *Wall Street Journal* and *USA Today*, she offers real-world experience with a motivational and business context.

Nan has spent over twenty years in management holding executive positions in human resources, communication, marketing and line management. She was the architect and influence leader of a culture transformation for 10,000 employees. Nan has a B.A. from Stanford University in Psychology and M.A. from the University of Michigan in Educational Psychology.

In 2002, Nan left the corporate world to pursue a life-dream to work and write from the mountains of northwestern Montana. Today she is an award winning author, workplace consultant, national speaker, and host of *Work Matters with Nan Russell*, a nationally syndicated weekly radio show.

Nan's second book, *Hitting Your Stride: Your Work, Your Way*, was released in January 2008 by Capital Books, and won a 2009 Axiom Business Book Award. Her first book, *Nibble Your Way to Success: 56 Winning Tips for Taking Charge of Your Career* debuted in March 2007.

Her syndicated work insights column, *Winning at Working*, appears in over ninety publications

Nan S. Russell is President of MountainWorks Communications LLC, a company she founded in 2006 to support her passion for helping organizations build winning work cultures, and helping people bring the best of who they are to the world, realize their dreams, and live their life's potential.

More about Nan Russell and her work can be found at [www.nanrussell.com](http://www.nanrussell.com)

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